

# Lifegroup Discussion Questions

## Beautiful Exchange

### Part 4: Comfort for Growth

#### Getting Started:

1. Think back to your childhood. Think about a time when you were afraid to try something. How did you feel? Did you take a risk and try it? How did you feel afterwards?
2. Think about the concept of comfort. What words come to mind? Share some one-word answers popcorn style around the group.
3. Now think about the concept of risk. What words come to mind? Popcorn some quick answers around the group.

#### Digging In:

1. Read Philippians 3:14, 4:13, 2 Peter 3:18, and Ephesians 2:10. What are we commanded to do?
2. Hebrews 11:6. What is required to please God? How does this concept relate to growth and risk?
3. Read Ephesians 5:16 and Colossians 3:23-24. What are we commanded to do in these passages?
4. Read 2 Corinthians 5:17, Romans 12:3, and Philippians 3:13. If something is holding us back from growing, what are we supposed to do?

#### Making it Personal:

1. Read Romans 1:17. Where do you need to use faith to take a step of growth in your life?
2. Is something holding you back? Is there a sin to confess? Ask yourself what you are doing that you shouldn't be doing, and what aren't you doing that you should be doing.

#### Prayer:

Ask God to help you take a look into your heart and give to him any sin or fear that you find. Ask God to help you move forward and stretch in a tangible way. Ask Him to show you the next steps you need to take and ask for the Holy Spirit to give you strength and help you to follow through.